

# Candidate Information Pack



If you require this information in an alternative format (e.g. Large Print), please contact the person listed on the top of the job advert.

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# Welcome

**Are you passionate about making a difference?**

**Do you want to belong to a place where better never stops?**

At UHSussex we're proud to be at the heart of the NHS. As one of the UK's largest acute Trusts, we're a leading example of the excellence, the ambition and the values that have embodied the NHS for over 70 years.

We are a vibrant and inclusive organisation with patient care at our core. Our hard-working, talented and dedicated people work together towards a common goal – to always put our Patient First.

No matter the role at UHSussex, you will play a part in driving us forwards and in improving the lives of patients across Sussex.



**Welcome, and a sincere thanks for your interest in joining us here at UHSussex.**

Joining our Trust means becoming part of a vibrant, dynamic and diverse organisation. One that values everyone's contributions and the unique experiences and skills they bring. We believe in nurturing people, encouraging your development, and providing a supportive environment where you can thrive and make a real difference.

Through our core values of compassion, communication, inclusion, respect, teamwork and professionalism we're committed to creating a workplace where everyone feels included, respected and valued.

We know that the diversity of our workforce helps us to better meet the needs of our patients and service users. Your skills and experiences will help us continue to be the compassionate organisation we are that works hard to put the patient first.

But we can only put our patients first by doing our best by our staff. So, our commitment to you is to make UHSussex a great place to work. From our health and wellbeing programme and staff networks to our learning and development initiatives, we encourage you to grow and develop here whilst looking after yourself and our patients.

Our hospitals are vibrant places where no day is the same. No matter the role you take with us you'll find it an exciting place to work and you'll be able to feel the difference you make and be valued for all that you do.

I look forward to welcoming you here at UHSussex.

**George Findlay**  
Chief Executive



# About us

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**At UHSussex, we are responsible for all district general acute services for Brighton and Hove, West and Mid Sussex and parts of East Sussex.**

We also provide specialised and tertiary services across Sussex and parts of the South East, including neuroscience, arterial vascular surgery, neonatology, specialised paediatric, cardiac, cancer, renal, infectious diseases and HIV medicine services.

We form part of Sussex Health and Care Assembly, working alongside the NHS, local government, and the third sector to integrate care and better meet our health needs now and in the future. Our shared vision is to reduce the gaps in health inequalities between the most advantaged and disadvantaged communities.



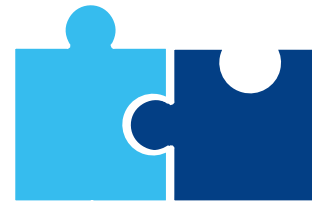
# Key facts about UHSussex



We are based over seven sites across Chichester, Worthing, Shoreham, Haywards Heath, and Brighton.

As one of the largest acute trusts in the UK, we provide more than **1.5 million**

outpatient appointments, A&E visits, and surgery cases every year.



The Trust was formed in **April 2021**, bringing together Western Sussex Hospitals NHS Foundation Trust (WSHFT) and Brighton and Sussex University Hospitals (BSUH).

We operate **five acute hospitals** and deliver multiple services in other satellite and community settings, with an operating budget of more than **£1 billion**.



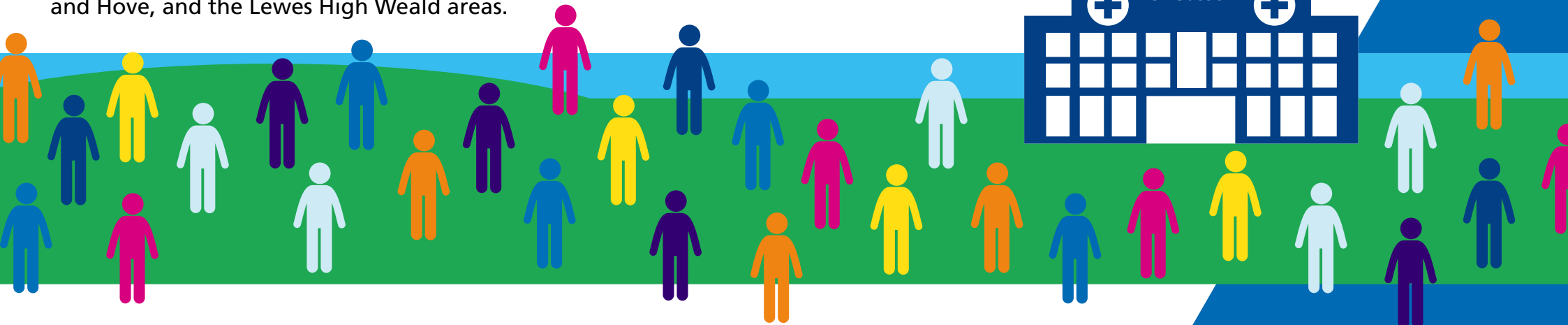
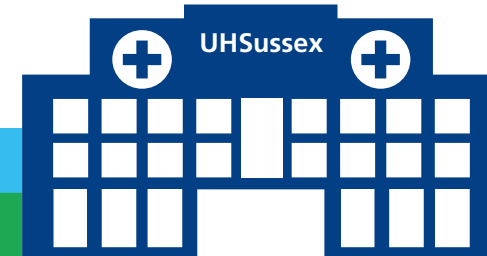
We employ nearly **20,000 staff** across our seven hospitals.

We provide a full range of general and specialist complex care to around **1 million people**

including the majority of residents within West Sussex, Brighton and Hove, and the Lewes High Weald areas.

**UHSussex** operates within **Sussex Health and Care Integrated Care System**

and works closely with partner health and social care organisations across Sussex and in each of the three localities or 'places' which are based on Local Authority boundaries: Brighton and Hove, East Sussex and West Sussex.



# One Trust, seven hospitals



5. Princess Royal Hospital



1. St Richard's Hospital



2. Worthing Hospital

3. Southlands Hospital

4. Royal Sussex County Hospital, Royal Alexandra Children's Hospital and the Sussex Eye Hospital



# Royal Sussex County Hospital campus



## Hospital overview:

- Teaching hospital
- District general hospital
- Specialist and tertiary services
- Major trauma centre
- Comprehensive stroke centre
- The Alex Children's Hospital
- Sussex Eye Hospital

## Future developments and opportunities:

- Acute Floor Reconfiguration
- New Sussex Cancer Centre
- Expanded stroke and cardiac services
- Better pathways for general surgery

On our Brighton campus, we have three hospitals. The Royal Sussex County Hospital (RSCH), the Royal Alexandra Children's Hospital (the Alex) and the Sussex Eye Hospital (SEH).

**RSCH** is a large teaching hospital that provides both district and general hospital services for local people, as well as more specialist care for Sussex and the wider region. It's a major trauma centre, that also provides specialist neurosciences, cardiac, cancer, renal, and infectious diseases services.

**The Alex** provides specialist services for younger people, including emergency care and neo-natal intensive care.

**SEH** provides ophthalmology services, including a specialist emergency department for eye care.

## Planned developments

RSCH is being significantly transformed by the flagship redevelopment project, 3Ts (Brighton Trauma, Tertiary and Training).

Stage 1, the £500m Louisa Martindale Building opened in June 2023, providing a modern environment for outpatient, ward and specialist services, such as neurosciences and critical care.

Subject to public consultation, stroke services will also be expanded within the Louisa Martindale Building.

The second stage of 3Ts will create a purpose-built new Sussex Cancer Centre, where the Barry Building is currently located.

A £48m investment programme is also underway to reconfigure the Acute Floor, including A&E, to modernise and expand the department to create a much improved environment for patients.

[www.uhsussex.nhs.uk/hospitals/royal-sussex-county-hospital/](http://www.uhsussex.nhs.uk/hospitals/royal-sussex-county-hospital/)

# Princess Royal Hospital, Haywards Heath



Princess Royal (PRH) is an acute teaching hospital that provides district and general services, including emergency care and maternity services. We have a focus on day case surgery and deliver fractured neck of femur and elective and emergency urology services for both PRH and RSCH hospitals.

Our surgical robot enables minimally invasive surgery for complex procedures and we're also home to the Sussex Orthopaedic Treatment Centre and the Sussex Rehabilitation Centre for specialist neuro-rehabilitation. We do not have a trauma unit and children's services are currently limited.

A new Urology Investigation Unit opened in October 2023.

## Planned developments

We have plans to significantly increase how much non-emergency care we do at PRH.

We will take steps to ensure that there is sufficient capacity to meet the need for endoscopy alongside provision of training opportunities as part of a new endoscopy academy.

We will be creating a Theatre Admissions and Discharge Unit.

[www.uhsussex.nhs.uk/hospitals/princess-royal-hospital/](http://www.uhsussex.nhs.uk/hospitals/princess-royal-hospital/)

## Hospital overview:

- Teaching hospital
- District general hospital
- Day case focus
- Surgical robot
- Orthopaedic focus
- Rehabilitation centre

## Future developments and opportunities:

- Develop and embed our new training academy
- Urology investigation unit
- Theatre admissions and discharge unit
- More hip and knee surgery for wider catchment area
- Urgent treatment and same day care improvements







## Hospital overview:

- District general hospital
- Trauma unit
- Medical day case unit
- Urology investigation unit
- West Sussex Breast Centre

## Future developments and opportunities:

- Urgent Treatment centre
- Same day emergency care
- Acute frailty unit
- Surgical day case unit
- Robotic surgery
- Enhancement of critical care
- Enhancement of specialist surgery

Worthing Hospital provides a wide range of district and general hospital services. We are a designated trauma unit with adult and children's A&E, critical care, emergency surgery, intensive care, maternity services, children's care and cancer care (with tertiary services largely provided at RSCH).

Amberley Unit, our new purpose-built medical day-case facility provides chemotherapy and holistic care to patients, and our new Urology Investigation Unit transforms the way urology care is provided for patients.

## Planned developments

Funding has been secured to develop a new Urgent Treatment Centre at the hospital to expand the provision of GP-led urgent care services.

Subject to public consultation, new clinical space may also become available for repurposing when acute stroke services are moved to St Richard's Hospital.

[www.uhsussex.nhs.uk/hospitals/worthing-hospital/](http://www.uhsussex.nhs.uk/hospitals/worthing-hospital/)

# Southlands Hospital, Shoreham-by-Sea



Southlands Hospital in Shoreham-by-Sea provides a wide range of outpatient, diagnostic and day surgery services on a site dedicated to providing non-emergency care.

Our purpose-built ophthalmology centre provides specialist eye care and ophthalmic surgery services.

A large Community Diagnostic Centre opened in October 2023; it currently provides MRI and CT scans, x-rays, and ultrasound.

## Planned developments

There are several developments taking place at Southlands which will significantly increase the number of patients using the hospital.

The Trust is also looking to increase the number of surgery patients seen as day cases at Southlands through a refurbishment of the day case unit.

[www.uhsussex.nhs.uk/hospitals/southlands-hospital/](http://www.uhsussex.nhs.uk/hospitals/southlands-hospital/)

## Hospital overview:

- Outpatients and day surgery
- Non-emergency care
- Ophthalmology and ophthalmic surgery

## Future developments and opportunities:

- Community Diagnostic Centre for diagnostic services including MRI and CT scans
- More day case patients including orthopaedics
- Develop the dermatology service





At St Richard's Hospital we provide a wide range of district and general hospital services including A&E, critical care, emergency surgery, intensive care, maternity services, paediatric care and cancer care (with tertiary services at Portsmouth Hospitals University NHS Trust).

St Richard's is a designated trauma unit, that also specialises in bariatric care and hyperbaric medicine. The campus is home to a specialist neuro-rehabilitation service at Donald Wilson House.

## Planned developments

The NHS Sussex Integrated Care Board agreed in November 2023, proposals to expand stroke services at St Richard's Hospital in Chichester to develop an Acute Stroke Centre.

To support this development, imaging and therapeutic support for stroke patients will also need to be strengthened.

<https://www.uhsussex.nhs.uk/hospitals/st-richards-hospital/>

## Hospital overview:

- District general hospital
- Trauma unit
- Centre of Excellence for bariatric and metabolic surgery
- Hip and knee replacement elective surgery hub
- Neuro-rehabilitation centre

## Future developments and opportunities:

- Acute Stroke Centre (subject to public consultation)
- Acute frailty services
- Same day emergency care
- Paediatric A&E
- Develop orthopaedics, cardiology, ENT, urology, maxillo-facial, gynaecology and critical care services

# Our vision and values: Patient First



Patient First is our long-term approach to transforming hospital services for the better.

It's a process of continuous improvement. It starts by asking frontline staff to identify opportunities for positive, sustainable change. Then it gives them the skills and support to make that change happen.

## Our purpose, mission and values

These describe our core focus: the patient first and foremost. They summarise what we strive to achieve: excellent care every time. And they set out the ideals that guide everything we do.

We asked our staff, patients and public to agree our values, based on the sort of organisation they want University Hospitals Sussex to be.

We value...  
Compassion & communication  
Inclusion & respect  
Teamwork & professionalism



# Our vision and values: Patient First



## Strategic themes

**Patient First** strategic themes are the components of excellent care every time. These are the things we need to prioritise to keep moving towards that goal:

### The patient

The patient has to be **at the heart** of everything we do.



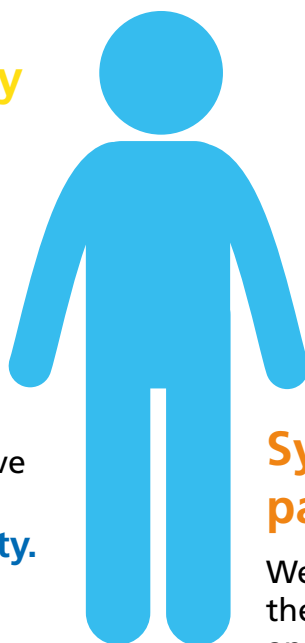
### Sustainability

Our services must be **sustainable**.



### Quality

We have to strive for the very **highest quality**.



### Our people

We need to attract and keep the **best people**.



### Systems and partnerships

We must **work with** the wider health system and our partners.



### Research and innovation

We should **invest in research** so we can use innovation to drive our improvement.

## Strong foundations

Finally, the triangle highlights the programmes that underpin improvement across our strategic themes:

- [Our environmental strategy](#)
- [Leadership, culture and development](#)
- [Our Patient First Improvement Programme](#)
- [Our Clinical Strategy](#)
- [Our 3Ts hospital development programme](#)

It's a proven fact that patients get better care in hospitals where staff feel able to make a difference.

That's why University Hospitals Sussex will keep investing in **Patient First**.

**We want to empower our people.**

And we want to support them in making the changes they know will improve services for patients.

**Would you like to know more about Patient First?**

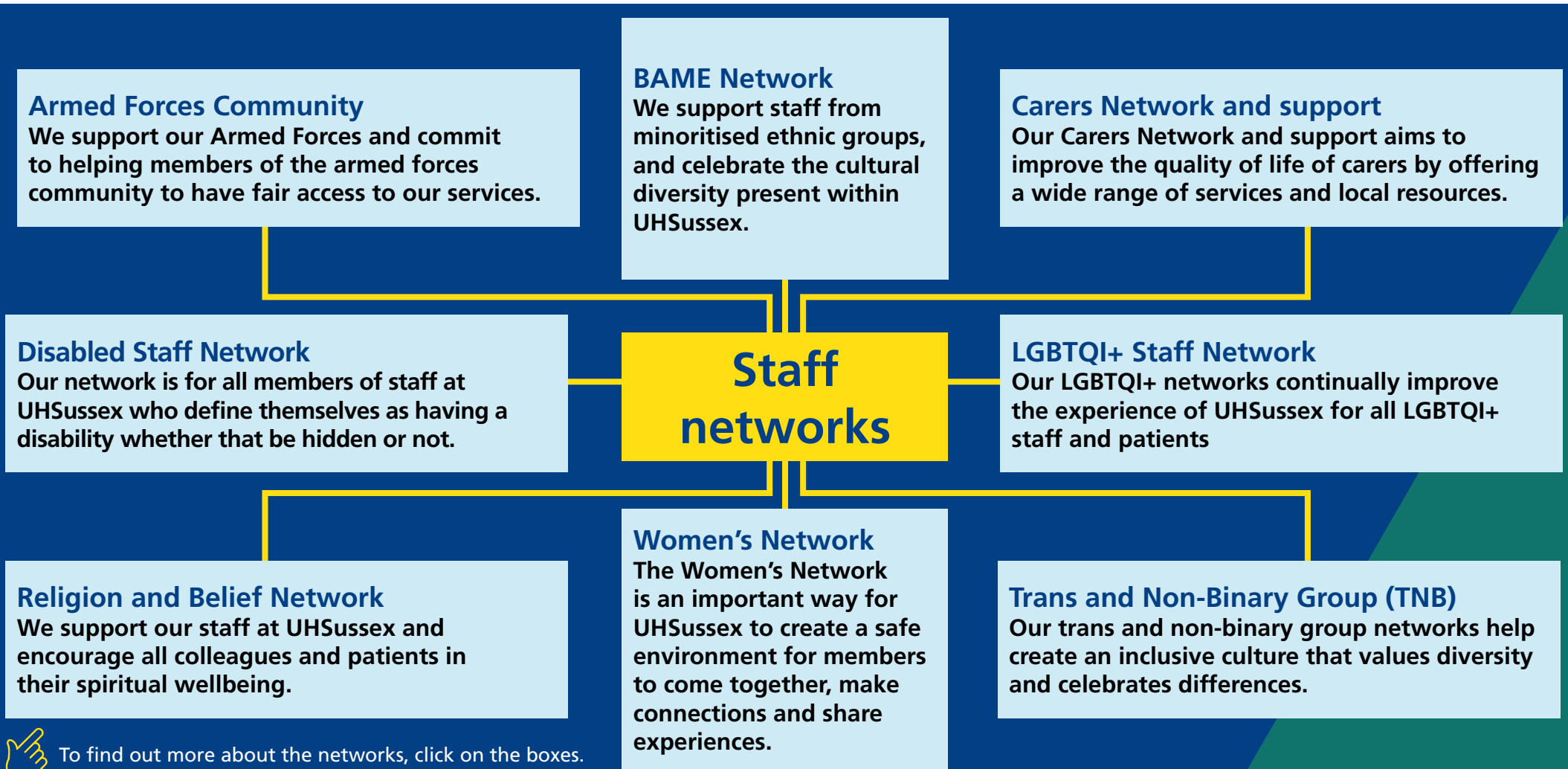
Then [join us as a member](#) to receive our newsletter and invitations to special events where you can hear from staff about the improvements they are making.

# Equality, diversity and inclusion



## UHSussex, find where you belong.

At UHSussex, diversity is our strength, and we want you to feel included to help us always put the Patient First. Your uniqueness and experiences will be part of our creative and innovative community where everyone is encouraged to be themselves and succeed. We have a range of inclusive leadership opportunities (e.g. coaching, education and training available to book on IRIS) and a range of staff networks. Find out more information about our staff networks by clicking on the boxes below.



# Support for disabled staff and long-term health conditions



**We offer reasonable adjustments to reduce or remove barriers at work related to a disability which put you at a disadvantage.**

You understand your health better than anyone else. Our managers and advisers will work with you to identify, record, put in place and monitor reasonable adjustments, whether within recruitment or at work.

Reasonable adjustments may include:

- Delaying formal management of sickness absence to allow changes to working hours, location and/or patterns.
- Providing specialist equipment and software to enable you to access information or manage your work differently.
- Making changes to the workplace, such as finding different ways to complete tasks.

UHSussex provide a **[Health and Wellbeing Passport](#)** where you will be able to document any reasonable adjustments and workplace needs.

You may have a similar document from your previous employer or from your school or college, or via the government's Access to Work scheme. Please speak with your manager or recruitment adviser for further guidance.

## Access to Work

Access to Work is a government grant that supports people with a health condition or disability, including Mental Health conditions. It provides individual practical support and advice to help to overcome barriers at work.

You can find more information [here](#)

[Easy Read format](#) [British Sign language \(BSL\)](#)

If you require information about a vacancy in an alternative format (e.g. large print), or if you want to make your application in an alternative format (e.g. paper form) or require any other adjustments to the recruitment process, please contact the recruiting manager or recruitment adviser stated on the advert.



# Equal Opportunities Guidance



## Equal Opportunities Monitoring

The Equal Opportunities monitoring form asks you to share information that is personal, and the questions might cause questions for some people about privacy.

The data we request helps inform our policies to ensure fairness and equality of opportunity e.g. career progression and applicant success rates.

Any equal opportunities monitoring information you complete is held confidentially and separately to your application. Anyone involved in interviewing or deciding who to hire will not have access to your responses from this form. The information for successful candidates will be transferred onto their new staff record during the hiring process.

For more information please see the [Trust's Employee Information Privacy Notice](#)

## Disability

We are proud to be an accredited [Disability Confident \(Level 2\) Employer](#).

Under this scheme, you are guaranteed an interview if you have a disability and meet the minimum criteria in the person specification. There is a box you can select on your application that says you would like to be considered for an interview under these conditions.

**N.B.: The Equality Act (2010) defines a disability as “a physical or mental impairment that has a ‘substantial’ and ‘long-term’ negative effect on your ability to do normal daily activities.”**

## Armed Forces

The Armed Forces Covenant is a promise by the nation ensuring that those who serve or have served in the Armed Forces, and their families, are treated fairly. It is given legal force by the Armed Forces Act 2021.

In line with our commitment to the Armed Forces Covenant and as a Gold member of the Employer Recognition Scheme, the Trust has introduced the Guaranteed Interview Scheme to benefit veterans and currently-serving reservists and cadet force adult volunteers.

The Scheme is open to candidates who are looking to join the Trust and for internal candidates who are already working for us and are moving roles internally. Candidates meeting the minimum essential criteria are guaranteed an interview. Please note this scheme is not a guaranteed job for veterans, reservists and cadet force adult volunteers.

For reservists, your line manager will do everything possible within service limits to ensure your work roster allows for you to attend your reservist training commitments. You are also entitled to up to two weeks' military-related leave in addition to your standard NHS annual leave allocation.







## Trans and Non-Binary Applicants

We take seriously the protections in the Equality Act for transgender individuals from unlawful discrimination and harassment in the workplace. We will never discriminate against applicants because they are transgender within recruitment, and we fully endorse the decision of the courts to extend these protections to non-binary individuals.

We understand that it can be challenging for trans and non-binary individuals to access employment opportunities if identity documents and other resources necessary for job applications have not been updated. Below we have included some links and resources that may be helpful in supporting trans and non-binary applicants.

### Resources

**Deed poll:** In order to provide evidence of a name change to obtain documents and other resources in your chosen name, you will need a deed poll. The Government provides [general information about deed polls](#) and [specific advice on how to create a deed poll](#).

**Identification (ID):** Employment checks will require you to provide ID to confirm your identity. For most trans and non-binary, the most accessible form of ID will probably be a driving license. [The Gender Identity Clinic NHS website](#) contains information on applying for a driving license and a passport. If you already have a driving licence, it does not cost anything to change your name or gender on your driving licence. You will have to pay a fee if you want to change your photo. The [DVLA website](#) has further information on changing your name and/or gender on your driving license.

**Gender Recognition Certificate (GRC):** The [Government website](#) has information on applying for a GRC, and links to other resources and organisations that may be helpful. It also provides signposting for intersex individuals, or individuals who have a variation in sexual characteristics.

**His Majesty's Revenues and Customs (HMRC):** In order to change your legal gender with HMRC, you will require a GRC. However, you will need to inform HMRC of any name change – guidance on how to do so can be found on the [HMRC website](#).

**Disclosure and Barring Service (DBS):** You may be required to undergo DBS checks as part of your employment with UHSussex. Trans and non-binary individuals who do not wish for previous name or gender information to be shown on their record can request the [confidential checking service](#). The application form itself is the same for all applicants.

**Exam certificates:** If you have exam certificates that require updating to your chosen name, you can contact the relevant exam board. Below are the relevant details for each exam board:

[AQA](#)    [CEA](#)    [Pearson/EdExcel](#)    [OCR](#)

**WJEC:** Please email [replacementcertificates@wjec.co.uk](mailto:replacementcertificates@wjec.co.uk) for further information.



# Staff benefits, learning and support

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**24** Our Charity

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# Pay and pensions



The majority of our staff are paid in line with the

[NHS Agenda for Change pay rates.](#)

This covers all staff except doctors, dentists and very senior managers who are paid on a [separate rate](#).

## Pay enhancements

Depending on the role, unsocial hours payments are made for working nights, weekends, and bank holidays. A set allowance is also paid for on-call working.

## NHS pension

Staff will be automatically enrolled into the NHS Pensions Scheme, which is a Defined Benefit CARE Scheme. The scheme guide can be viewed [here](#).

We contribute 23.78% of your pensionable pay for membership of the Scheme and your contribution rate will vary depending on how much you earn.

You receive tax relief as pension is deduced before tax and can check your contribution rate [here](#).

There is the facility to increase your Pension Benefits by paying additional contributions. Further information can be found [here](#).

Full details on the NHS Pensions can be found [here](#).

## Flexible retirement

The scheme offers a number of flexible retirement options, which includes Partial Retirement and Retire and Return.

After a qualifying period, members also would have access to ill health retirement benefits as well as being covered for death in service benefits. If you are not married or in a civil partnership you can nominate someone for your death in service benefits by completing a forms from [here](#).

## Advice and guidance

Our payroll and pensions services provide regular webinars on the NHS Pensions Scheme [here](#).

## Flexible working

We recognise life shouldn't be all about work. We can offer flexible working to support a good work-life balance, and staff can request this from day one of their employment with us.

This might include remote working, changes to work patterns, or flexibility of shifts, to name a few examples.

# Time off and leave



## Annual leave and time off

We have a generous annual leave policy which starts at 27 days per year, plus Bank Holidays (pro-rata). This increases the longer you work for us to 29 days after 5 years and 33 days after 10 years (plus Bank Holidays).

This covers all staff except for doctors and dentists whose annual leave entitlement will depend on their role and length of NHS service and in line with your terms and conditions. This varies between consultants, speciality and specialist (SAS) doctors and junior doctors and ranges between 27-36 days off per year, plus Bank Holidays (pro-rata).

## Unplanned leave

Sometimes emergencies happen, and we will support you to take extra leave if you need it. We have policies covering:

- Carer's leave
- Bereavement leave
- Emergency domestic leave
- Dependent leave

Further information for NHS employees can be found [here](#)

## Parent pay and leave

This includes maternity, maternity support (paternity), adoption, surrogacy and shared parental leave. Those subject to Agenda for Change Terms & Conditions (T&C) may be entitled to:\*

Occupational maternity pay is paid at:

- 8 weeks at full pay
- 18 weeks at half pay plus statutory maternity pay (providing this does not total more than the employees full pay)
- 13 weeks statutory maternity pay or maternity allowance followed by:
- Final 13 weeks, no pay

You can also choose to share leave with your partner. Two weeks paid new parent support leave (paternity leave) is also available for partners with 12 months continuous NHS service.

\* subject to eligibility criteria, as detailed in the Parent Leave Policy.

## Sick pay

Staff are entitled to occupational sick pay depending on their years of service as follows:

during year 1 of service	1 month full pay and 2 months half pay
during year 2 of service	2 months full pay and 2 months half pay
during year 3 of service	4 months full pay and 4 months half pay
during year 4 and 5 of service	5 months full pay and 5 months half pay
over five years service	6 months full pay and 6 months half pay

# Learning and development



Our staff are our greatest asset, and we are committed to investing in training and development opportunities, whether you join us in an entry-level role or senior leadership position.

We grow our talent and strive to promote from within the organisation, so you'll have access to plenty of opportunities.

Find out about:

[Apprenticeships](#)

[Professional development](#)

[Research training](#)



# Health and Wellbeing



To care for others, we need to take care of ourselves.

To find out what staff health and wellbeing support is on offer visit [uhsussex.nhs.uk/careers/working-with-us/wellbeing](https://uhsussex.nhs.uk/careers/working-with-us/wellbeing)

From discounts, classes and raising concerns signposting. To wellbeing eBooks, eye tests and cost of living support. You can easily access and share our UHSussex Health and Wellbeing Media Pack by visiting [uhsussex.nhs.uk/resources/health-and-wellbeing-media-pack/](https://uhsussex.nhs.uk/resources/health-and-wellbeing-media-pack/)

## The Staff Psychological Support Service

The Staff Psychological Support Service offers free, short-term one-to-one Counselling, Psychotherapy, EMDR (Trauma) and CBT therapy to staff at the UHSussex NHS Trust.

Staff are able to self-refer for a number of reasons, including anxiety, depression, stress, burnout, grief, trauma, or other distressing life events.

Asking for help is not a sign of weakness; you may have been coping with too much for too long, and asking for help can be the first step towards making positive changes in your life. We work face-to-face across the Brighton, Princess Royal, St Richard's and Worthing sites, and also offer online and telephone counselling.

In addition, if you are a manager or team leader, the service also provides support to teams across the Trust via Clinical Supervision, Psychological Debriefing, and Resilience/Stress Awareness Training.

**We also offer:**

[Physical wellbeing support for staff](#)

[Financial support for staff](#)

[Mental wellbeing support for staff](#)



**To care for others, we need to take care of ourselves. Find out what staff health and wellbeing support is on offer.**

**NHS**  
University  
Hospitals Sussex  
NHS Foundation Trust

**For all of our Health & Wellbeing Initiatives please scan the code below**

**Health & Wellbeing Initiatives**

**Mental & Emotional**  
Counselling Service  
Chaplaincy Service  
Resilience Workshops  
24/7 Psychological Support  
Wellbeing Apps

**Physical**  
Fast Track Staff Physio Service  
Cycle to Work Scheme  
Discounted Gym Membership  
Exercise Classes  
Free Eye Tests  
Free Online  
Menopause Café  
Occupational Health Service

**Financial**  
Cost of Living Support and Advice  
Green Travel Initiative  
NHS and Local Discounts  
Salary Sacrifice Schemes

**Networks**  
Armed Forces Network  
Carers' Network (in development)  
Disabled Staff Network  
LGBTQI+ Network  
Religion and Belief Network  
SOAR Allies Network  
SOAR BAME Network  
Trans and Non-Binary Group

**Social Groups and Initiatives**  
Find them on our Social Side Card, please scan the code above

# Valuing our people



Qudos is a recognition scheme developed by a consultant working at UHSussex that's designed to make it easy to say thank you to a colleague. It embraces a culture of positivity, kindness, gratitude and learning from excellence.

Developed from an idea created during a 'Learning from Excellence' initiative, Qudos focuses on what we're doing well at UHSussex and in a way that others can learn from.

Qudos is not just about sending positive feedback, it is about creating a community of people who work together, who engage in an attitude and behaviour that is civil, supportive and inspiring. The ultimate goal is to learn from positive actions in order to improve patient care.

## Star of the Month award

- Our Star of the Month award recognises the commitment and dedication of colleagues who give a service that is over and above what is expected of them in order to make a difference to patients, visitors and/or their colleagues.
- Any employee, bank staff or volunteer can be nominated for an award.



## Annual Patient First STAR Awards

Our annual award ceremony is for our hardworking staff and volunteers who embody the ideals of our Patient First programme, which is focused on building the culture and systems we need to continue improving and re-thinking the way we work to make sure all our patients receive the same excellent standards of care every time they need us.





**My University Hospitals Sussex is the dedicated charity supporting the University Hospitals Sussex NHS Foundation Trust.**

They raise funds for treatment, care and research which go over and above core NHS funding.

The charity is committed to making improvements to the lives of patients and staff every day by:

- creating more patient-friendly environments
- providing equipment for diagnosis and treatment
- supporting staff development to provide even better care
- advancing understanding through research projects

Many staff events are funded by the charity, including the annual Patient First STAR Awards, Staff Conference and 'Thank You NHS' Ice Skate. The charity also provides funding for UHSussex's Pride events.

There are plenty of fundraising opportunities for staff, along with the wider community, to get involved in too. The charity has a variety of events throughout the year to support our hospitals, from comedy nights to skydives to music gigs – there's something for everyone.

Last year, more than **£4.3m** of charitable funding was distributed across the Trust. This included:



The refurbishment of the **Fluoroscopy Suite** at Royal Alexandra Children's Hospital

A **Medical Research Fellowship** into cancer diagnosis



A new **ultrasound scanner** for birth trauma cases



# Travel and shopping discounts



To encourage healthy travel the UHSussex Green Travel team supports staff to walk, cycle or use public transport to get to work.

You can benefit with discounts on bicycles, electric bikes, mopeds and cars, bus tickets and train travel.

Discover what UHSussex can offer you [here](#)

## Vivup salary sacrifice scheme

**Sign up** and get access to information and services to help improve your financial wellbeing, such as payroll pay, exclusive travel offers, debt advice and lifestyle savings.

Vivup's Home Electronics Scheme helps you to afford the things that matter to you as you spread the cost through your pay.

Simply sign up on the Vivup website and browse through a huge range of products from the UK's leading technology retailers.

Orders are then authorised by us and are delivered within days. Start browsing now to see the latest in computing, mobile phones, home cinema, small and large appliances, cameras and much more!

[Visit the website to register and find out more](#)

## Financial Wellbeing Support Officer

[uhsussex.nhs.uk/careers/working-with-us/wellbeing/financial-support-for-staff/financial-wellbeing-support-officer](https://uhsussex.nhs.uk/careers/working-with-us/wellbeing/financial-support-for-staff/financial-wellbeing-support-officer)

## Other discount schemes

There are many discounts available for staff within the NHS. Many businesses offer discounts and deals to people who work for the NHS on travel, shopping, food, insurance and many more goods and services.



One of the easiest ways to access available discounts is via the Blue Light Card:

[www.bluelightcard.co.uk](http://www.bluelightcard.co.uk)



You can also sign up to Health Service Discounts:

[www.healthservicediscounts.com](http://www.healthservicediscounts.com)

Search [discounts and freebies](#) on the UHSussex website to find more discounts available to staff.



# Living in Sussex

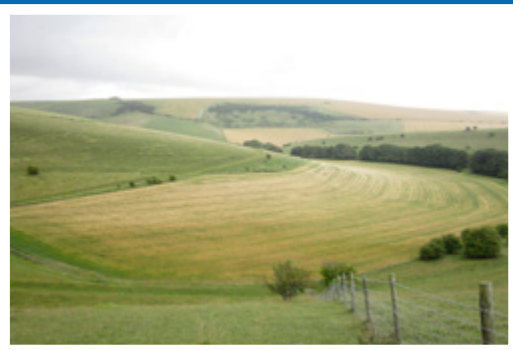


Our Trust provides care for people across Brighton & Hove, West Sussex and parts of East Sussex.

[www.uhsussex.nhs.uk/careers/sussex](http://www.uhsussex.nhs.uk/careers/sussex)

Google Maps is a useful tool to use to navigate around Sussex; you can download it onto your mobile phone or follow this link:

[www.google.co.uk/maps](http://www.google.co.uk/maps)



Brighton

[visitbrighton.com](http://visitbrighton.com)



Worthing

[timeforworthing.uk](http://timeforworthing.uk)



Haywards Heath

[visitsoutheastengland.com/places-to-visit/haywards-heath](http://visitsoutheastengland.com/places-to-visit/haywards-heath)



Chichester

[visitsoutheastengland.com/places-to-visit/chichester](http://visitsoutheastengland.com/places-to-visit/chichester)



Shoreham-By-Sea

[enjoyshorehambysea.co.uk](http://enjoyshorehambysea.co.uk)



# Living in Sussex - useful links



## Health

[Find a GP](#)  
[Find a dentist](#)  
[Find an urgent treatment centre](#)  
[Find an A&E service](#)



## Places of worship

[Chichester District - Wikipedia](#)  
[Mid Sussex - Wikipedia](#)  
[Worthing - Wikipedia](#)  
[Brighton and Hove - Wikipedia](#)



## Accommodation

[Find staff accommodation](#)  
[spareroom.co.uk](#)  
[openrent.co.uk](#)  
[zoopla.co.uk](#)  
[rightmove.co.uk](#)



## Schools

Find out more on your local council website. As this will vary depending on your location go to the council link (see section below) for the area you live and search finding a school.



## Travel

[Bus service discounts](#)  
[Train service discounts](#)  
[southernrailway.com](#)  
[www.thameslinkrailway.com](#)



## Councils

To find your local council go to [www.gov.uk/find-local-council](http://www.gov.uk/find-local-council) and type in your postal code.

